



Ski, Mountains & Spa.

GASTEIN

Gastein Facts

- ✓ Location:
Austria, Southern State of Salzburg
- ✓ Approx. 16,000 guest beds
15,000 inhabitants
- ✓ Altitude: 830 – 2,700 meters
- ✓ Overnight stays 2009/10:



How to reach us?

- ✓ *Salzburg* (90 km)
- ✓ *Munich* (240 km)
- ✓ *Linz* (220 km)
- ✓ *Klagenfurt* (130 km)
- ✓ *Direct Train Connection!*





Dorfgastein

- Idyllic small village in the Alps
- Family resort with lots of entertainment for kids



Bad Hofgastein



- Modern little town in the Alps
- Lots of sports facilities
- Shopping & spa





Bad Gastein

- History and Culture
- Belle Epoque architecture
- Casino & spa





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= Mountains & SPA (365 days a year)

Gastein Card

- free of charge for all guests who stay overnight in Gastein
- valid for summer and wintertime
- many offerings and services free of charge or at reduced prices (10 – 50%)
- a personal holiday bonus!



- 200 km of slopes up to 2,700 meters
- 48 lifts & cable cars in 5 different areas within the valley
- 90 km cross-country-skiing tracks and 100 km winter walks
- Romantic sleigh rides and enjoyable tobogganing



Events - Winter

FIS Snowboard World Cup



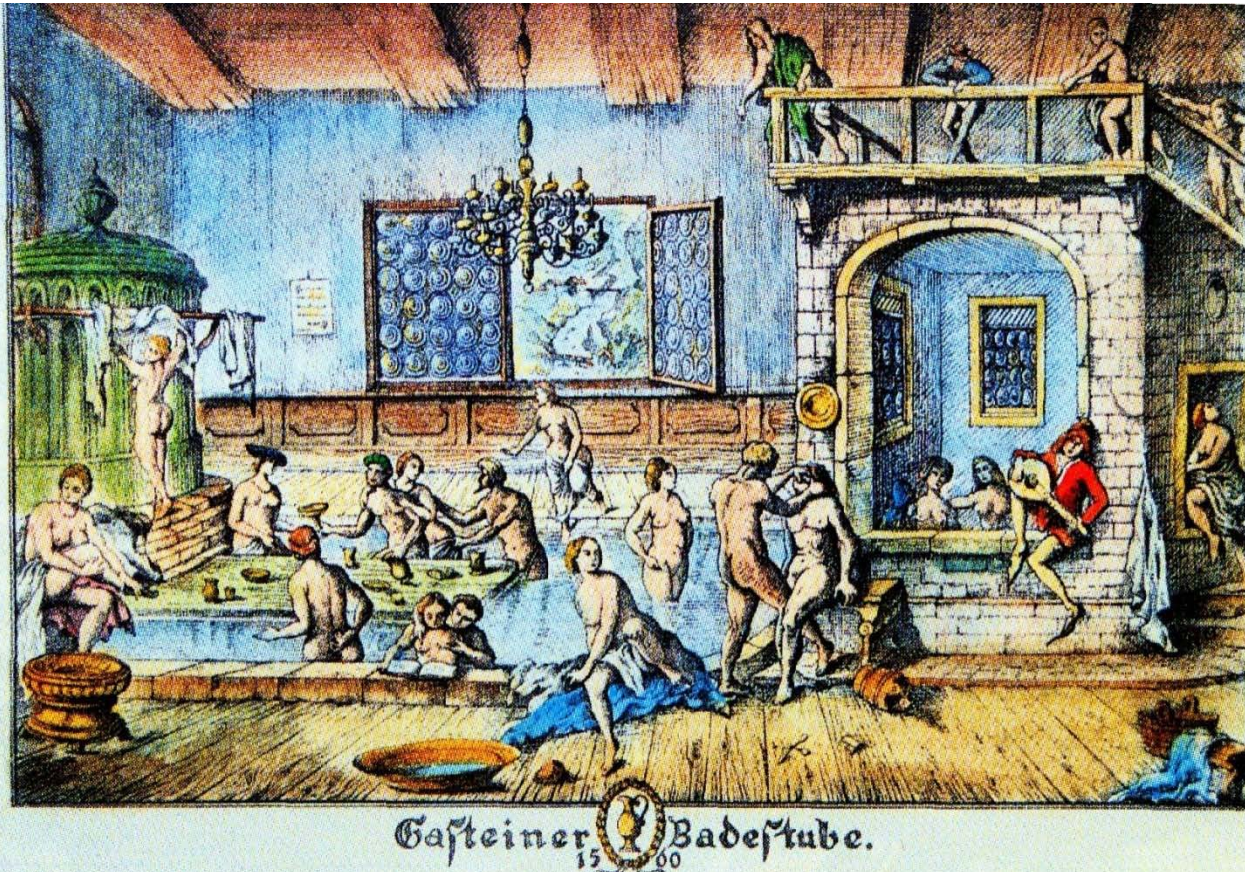
Snow Jazz Gastein

Alpine Active Summer

- 350 km official walks and hiking trails serving approx. 40 alpine huts
- Horse riding
- Mountain-bike trails
- New 18 hole golf course
- Plenty of entertainment for families!



Health Competence



first „Wellness-Holiday“ in the year 1404

Spa World Gastein

Alpen Therme Gastein



Felsen Therme Gastein



- Relaxation

- Family

- Restaurant

- Sports & Fitness

- Beauty

- Sauna

- Curative health treatment
- Prevention
- Performance diagnostics and sports
- Wellbeing & relaxation
 - 2 modern spa centres: Alpentherme and Felsentherme Gastein
 - 4* and 5* hotels with indoor swimming pools and relaxation and beauty areas



Healing Cave Gallery

Centre for Radon Therapy

How does it work?

- Unique combination of Radon, mild hypothermia and high humidity
- Scientifically proven effectiveness:
Release of TGF Beta
=> increase the natural ability of the body to heal itself
- 8-12 sessions in 2-3 weeks



Healing Cave Gallery

Centre for Radon Therapy

The Heilstollen treatment is effective against chronic illnesses of the

- **Locomotor apparatus** (i.e. Inflammatory rheumatic illnesses, i.e. Morbus Berchterew, Chronic Polyarthritis, Fibromyalgia, Scleroderma, Rheumatoid Arthritis)
- **Respiratory system** (i.e. Bronchial Asthma, Chronic Bronchitis, Sinusitis)
- **Skin** (i.e. Psoriasis (vulgaris), Neurodermitis, Wounds which fail to heal, Scleroderma)



Excursions from Gastein

Shopping and Sightseeing:

- Salzburg (1h),
- Munich (2 1/2h),
- Vienna (4h),
- Venice (3 1/2h)



Natural and Cultural Highlights within 1h drive:

- Castles and Palaces,
- Ice Caves,
- Großglockner High Alpine Road,
- Salt Mines, Krimml Waterfalls,
- Kaprun Hydro Powerstation with Water Reservoir...





**Thank you for
your attention!**

